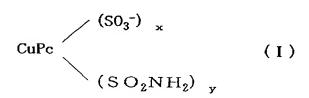
ABSTRACT OF THE DISCLOSURE

An aqueous ink comprises a phthalocyanine dye represented by a general formula (I) and an aqueous medium, wherein the phthalocyanine dye does not contain a component of x + y = 2 but at least contains components of x + y = 3 and x + y = 4, the content of the component of x + y = 4 is larger than the content of the component of x + y = 3, and the aqueous medium contains an amine compound having a vapor pressure of 0.01 mmHg or higher at 20 - 25°C:



wherein CuPc represents a copper phthalocyanine residue; x represents 1, 2, 3 or 4 and y represent 0, 1, 2 or 3.

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